



## Qualitative Respirator Fit Testing

Please read the following information before fit testing appointment and contact us if you should have any questions.

### QUALITATIVE RESPIRATOR FIT TESTING CANDIDATES:

- All candidates must be clean shaven to a maximum of 24 hours of hair growth on chin and cheeks.** Moustaches are okay as long as it is comfortable for the candidate to tuck it inside the respirator so it will not affect the seal. If the hair is beyond a 24 hour hair growth I will not be able to fit test them.
- Please no coffee, food, cigarettes, or gum within 30 minutes of fit testing.** These items may skew the results as they affect the candidates sensitivity to the fit testing solutions.
- Candidates with asthma, respiratory conditions, heart conditions, and/or anxiety may or may not be properly fit tested.** Candidates are often required to wear the mask for extended periods of time on a job and these conditions may affect the fit test as well. Please inform the instructor if any of your candidates have the above conditions.
- Training as per the CSA Z94.4/11 Respirator Fit Testing Standards requiring the candidates to demonstrate how to properly don/doff the mask, do seal checks, and how to complete general care and maintenance of the respirator. After which I will be completing a qualitative fit test one candidate at a time.
- A candidate is fit tested to a particular make and model of respirator. If the employer changes respirators a new fit test must be done. There is no need to re-fit test if different cartridges or filters are introduced.

**Training Scheduled for:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Times:** \_\_\_\_\_

**Location:** \_\_\_\_\_

**Instructor:** Jennifer Watson

*Thank you for choosing First For Safety for your training and safety needs!*