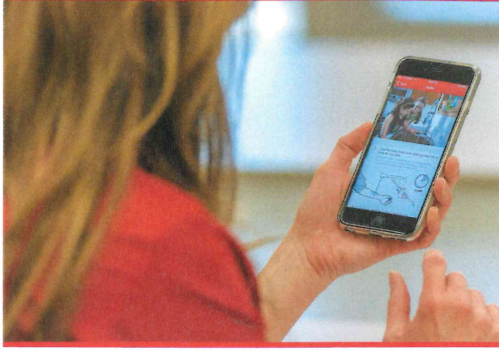


Emergency First Aid



Basic one-day course offering lifesaving first aid and cardiopulmonary resuscitation (CPR) skills for the workplace or home. Course meets legislation requirements for provincial/territorial worker safety and insurance boards and includes the latest first aid and CPR guidelines.

DURATION

CPR A: 6.5 hours in-class

CPR C: 7.5 hours in-class

INSTRUCTOR

First Aid Instructor

PREREQUISITE

None

COMPLETION

- Successfully demonstrate skills and critical steps
- Min. 75% mark for written knowledge evaluation
- Attend and participate in 100% of the course

CERTIFICATION

3-year certification in Emergency First Aid and CPR Level A or C

RECERTIFICATION

COURSE CONTENT

- The Red Cross
- Preparing to respond
- The EMS system
- Check, Call, Care
- Airway emergencies
- Breathing and Circulation emergencies
- First aid for respiratory and cardiac arrest
- Wound care

Includes any other content required by specific legislation

PARTICIPANT MATERIALS

- *Comprehensive Guide to First Aid & CPR* (eBook)
- *Emergency First Aid CPR* – Online access (Blended only)
- Emergency First Aid certificate (digital certificate issued upon successful completion)



Canadian
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**Training
Partner**

