



TRAINING CALENDAR

February to May 2020



PUBLIC TRAINING LOCATIONS:

- Midland:** First For Safety, 105 Fourth St.
- Barrie:** CRC Office, 65 Cedar Pointe Dr., Unit 809
- Collingwood:** Collingwood Legion, 490 Ontario St.

THREE WAYS TO REGISTER:

- ✓ **Phone:** (705) 526-3853
- ✓ **Email:** jennifer@firstforsafety.ca
- ✓ **Online:** www.firstforsafety.ca

STANDARD FIRST AID & CPR/AED

\$135 +HST Two days: 9am to 5pm

Includes CPR/AED Level C (Infant, Child, Adult) or Level A (adult). Certification valid for three years. Meets Canada Labour Code and Ontario First Aid Regulation 1101 for all workplaces. WSIB-Approved training.

MIDLAND

- ~~March 9 & 10~~ WAIT LIST
- ~~March 18 & 19~~ WAIT LIST
- March 28 & 29
- April 2 & 3
- April 15 & 16
- April 22 & 23
- April 25 & 26
- April 28 & 29
- May 5 & 6
- May 21 & 22
- May 23 & 24
- May 26 & 27
- June 10 & 11
- June 18 & 19
- June 20 & 21
- June 29 & 30

BARRIE

- March 25 & 26
- April 23 & 24
- May 27 & 28
- June 24 & 25

Please see our online calendar for more dates!

Standard First Aid and BLS (HCP) CPR/AED for Students in Health care professions: \$160 +HST, 8:30AM – 5PM (2 days)

- March 24 & 25**
- April 4 & 5**



RECERTIFICATION

\$100 +HST One day: 9am to 5pm

Recertification ONLY valid for those within their expiry date of a full 2-day Red Cross course. Level C or A.

MIDLAND

- March 7
- March 13
- March 20
- March 26
- March 28
- April 9
- April 18
- April 21
- May 9
- May 13
- May 28
- June 6
- June 9
- June 25

BARRIE

- March 25
- April 23
- May 27
- June 24

EMERGENCY FIRST AID & CPR/AED

\$100 +HST One day: 9am to 5pm

Includes CPR/AED Level C (Infant, Child, Adult) or Level A (adult). Meets Canada Labour Code and Ontario First Aid Regulation 1101 for workplaces up to 5 Employees. Certification valid for three years.

MIDLAND

- March 7
- March 13
- March 20
- March 26
- March 28
- April 2
- April 9
- April 15
- April 18
- April 21
- May 9
- May 13

- May 21
- May 28
- June 6
- June 9
- June 25

BARRIE

- March 25
- April 23
- May 27
- June 24

CPR/AED (Stand Alone, no First Aid)

**\$75 +HST CERTIFICATION
\$60 +HST RECERTIFICATION**

Recertification ONLY valid for those within their expiry date of a full CPR, EFA, or SFA course.

MIDLAND

- March 7
- March 13
- March 20
- March 26
- March 28
- April 2
- April 9
- April 18
- April 21
- May 9
- May 9
- May 13
- May 21

- May 28
- June 6
- June 9
- June 25

BARRIE

- March 25
- April 23
- May 27
- June 24

Finish time for CPR candidates is at Instructor's discretion, **please be prepared to stay until 5pm**

Training for Health Care Providers & Emergency Professionals

BLS (HCP) CPR/AED



\$85 +HST
\$75 +HST Student
 Times: 9am to 1pm
 Certification valid 1 year

MIDLAND

- March 5
- March 14
- March 16
- March 31
- April 14
- April 30
- May 8
- May 19
- May 25
- June 14
- June 19

BARRIE

- March 19
- April 15
- May 14
- June 15



Standard First Aid and BLS(HCP) CPR/AED for Students in Health care professions: \$160 +HST, 8:30AM – 5:00PM (2 days)

- March 24 & 25 (Tues/Wed)
- April 4 & 5 (Sat/Sun)

BLS (HCP) CPR/AED Recertification



\$65 +HST
\$55 +HST Student
 Annual Recertification



Must be within expiry date of BLS or BLS Recert to attend this course.

MIDLAND

- March 5
- March 14
- March 16
- March 31
- April 14
- April 30
- May 8
- May 19
- May 25
- June 14
- June 19

BARRIE

- March 19
- April 15
- May 14
- June 15

Oxygen Therapy



\$60 +HST w/BLS
\$80 Stand Alone
 Times: 2pm to 5pm
 3 Year Certification

MIDLAND

- March 5
- March 14
- March 16
- March 31
- April 14
- April 30
- May 8
- May 19
- May 25
- June 14
- June 19

BARRIE

- March 19
- April 15
- May 14
- June 15

Airway Management



\$40 +HST w/BLS
\$60 Stand Alone
 Times: 1pm to 2:30pm
 3 Year Certification

MIDLAND

- March 5
- March 14
- March 16
- March 31
- April 14
- April 30
- May 8
- May 19
- May 25
- June 14
- June 19

BARRIE

- March 19
- April 15
- May 14
- June 15

HCP BUNDLE

3 Certifications/1 Day



BLS + OXYGEN THERAPY + AIRWAY MANAGEMENT

Basic Life Support (HCP) – 1 Year Certification
 Oxygen Therapy (OT) – 3 Year Certification
 Airway Management (AM) – 3 Year Certification

BLS + Oxygen Therapy + Airway Management (3 Certs, 1 Day) \$190 +HST *Student pricing \$170 +HST

Times: 9am to 5pm (lunch from 1-1:30)

MIDLAND

- March 5
- March 14
- March 16
- March 31
- April 14
- April 30
- May 8
- May 19
- May 25

- June 14
- June 30

BARRIE

- March 19
- April 15
- May 14
- June 15

Qualitative Respirator Fit Testing

N95, Half/Full Masks, SAR

NEW CONTENT JANUARY 2020 as per changes to the CSA Z94.4-18 and the pertinent **OH&S Act and Regulations**. Whether you a respirator for work, you're required to be trained and fit tested at least every 2 years. Our Qualitative Respirator Fit Testing exceeds CSA Standard Z94.4-02 on the selection, use, and care of respirators and includes both training components and a qualitative fit test using the most current test methods.

PUBLIC SESSIONS

\$45 +HST per person – leave with your certificates & ROT's

- March 20 @10:00am – 11:30am**
- April 14 @1:00pm – 2:30pm**
- May 14 @1:00pm – 2:30pm**



1:1 Individual Session or Small Group Session:

\$65 +HST per person – leave with your certificates

Private/Group Sessions & On-Location Training:

Please request a quotation based on location, group size, and number of respirators per person (ie: N95 and Half Mask for each). Please note that we require each individual to have their own half mask and full facepiece respirator for fit testing – discounted pricing should you need these quoted as well.

Call for an appointment or to book a group: 705-526-3853

WHMIS 2015

Full / Refresher: 3 Hours

Full Course: \$65 + HST

Refresher: \$45 +HST

Learn about the **Workplace Hazardous Materials Information System 2015** after its alignment with GHS, an internationally consistent approach to classifying chemicals and communicating hazard information through supplier and workplace labels, hazard recognition, and Safety Data Sheets (SDSs). Participants will learn about the new requirements (December 1, 2018 compliance deadline), how to understand labels and identify hazards and their classes, as well as understand the appropriate protective measures by reading the new Safety Data Sheets (SDSs). Hands on practice writing labels for workplace-specific hazards meets Ontario Regulations under the Occupational Health & Safety Act (OHSA).



- March 6** (9am to 12pm)
- May 14** (9am to 12pm)

Confined Space Safety Awareness

4 Hours (1/2 Day)

\$145 + HST

Employers are responsible for providing the proper training, equipment, and supervision for confined spaces work. Course content covers the regulations pertaining to **Confined Spaces Regulations in Ontario Workplaces**, Rights and Responsibilities; Identifying hazards associated with confined spaces and their entry Safe work practices for working in confined spaces and for performing related work; Completing and following entry permits and plans; On-site rescue procedures and introduction into the use of relevant rescue equipment, and more.



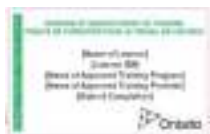
- Please inquire about an upcoming date by emailing jennifer@firstforsafety.ca

PRIVATE GROUP TRAINING AVAILABLE! Private groups of 4+ Participants

- ✓ Elevated Work Platform – Scissor Lift, Boom-style Lift, etc.
- ✓ Fire Safety & Fire Extinguisher Use

WORKING AT HEIGHTS Fundamentals of Fall Protection (IHSA)

7 Hours
Refresher 3-4 Hours



Candidates must complete both the theory and practical modules and demonstrate competency to complete the course. Certification valid for three years. Must have a Green/White Card with Learner ID# to participate in the Refresher course. Temporary certificates are issued at the end of every course for those who successfully completed the requirements.



FULL COURSE

\$195 + HST; 9am to 4pm

March 11
March 30
April 17
May 20
May 29
June 8
June 24

REFRESHER TRAINING

\$120 +HST

March 17 AM (9am to 12pm)
March 17 PM (1pm to 4pm)
March 23 AM (9am to 12pm)
March 23 PM (1pm to 4pm)
April 6 AM (9am to 12pm)
April 6 PM (1pm to 4pm)
April 20 (9am to 12pm)
May 15 (9am to 12pm)
June 5 (9am to 12pm)



Anyone in Ontario working at Heights on a construction site or project is required to be trained in this CPO-Approved program.

NEW! Propane Handling Safety (TSSA Accredited)

4 Hours

\$145 + HST

Safety standards for fuel are overseen by the Technical Standards and Safety Association (TSSA). Our TSSA program taught by a certified instructor meets training requirements for the three regulations pertaining to the use of gas-fired equipment, the specific hazards and safe handling of propane, and the storage and transportation of gas cylinders. Certificates of completion and records of training provided. Training required every three years.



☐ **March 2** (1pm to 5pm)

Red Cross Babysitters Course

11 years +

Babysitter's Course includes more First Aid & CPR Content! **\$55 + HST**

- Includes Canadian Red Cross manual, course booklet and certificate of completion
- Taught by an experienced Ontario Certified Teacher, Certified Youth Program Leader, and Canadian Red Cross Certified First Aid & CPR Instructor

May 1 9am to 3pm (PA Day for 3 local school boards)



Stay Safe! Home Alone Course

10 years +

First For Safety has combined the best parts of the Canada Safety Council Home Alone Program and the Canadian Red Cross Stay Safe! Program **\$35 + HST**

- Includes course materials and a certificate of completion
- Taught by an experienced Ontario Certified Teacher, Certified Youth Program Leader, and Canadian Red Cross Certified First Aid & CPR Instructor

☐ *Please inquire about upcoming course dates*